

# PRE-APPOINTMENT PATIENT FORM

If you are booked for an appointment with us, please submit your details below prior to your appointment



**Wide Bay**  
Nuclear Medicine

## PATIENT DETAILS

First Name\* \_\_\_\_\_  
Middle Name/s (if any) \_\_\_\_\_  
Last Name\* \_\_\_\_\_  
Email Address\* \_\_\_\_\_  
Clinic Location     Hervey Bay     Bundaberg     Unsure

## OFFICE USE ONLY

Fasting  
 Caffeine ceased  
 Insulin dose adjusted  
 GTN Indicated

## ALLERGIES • CLINICAL HISTORY

Do you have any allergies?\*  Yes     No

If yes, please list what your allergies: \_\_\_\_\_

Do you have diabetes?\*  Yes     No

If yes, please tick your current treatment:     Insulin     Tablets     Diet

Have you ever had a heart attack?\*  Yes     No

If yes, on what date/s did you have the heart attack/s: \_\_\_\_\_

Do you suffer from chest pain/angina?\*  Yes     No

Do you use GTN spray or nitrate patches?\*  Yes     No

Do you use anginine?\*  Yes     No

Do you use isordil?\*  Yes     No

Have you ever had heart surgery?\*  Yes     No

If yes, on what date/s did you have the heart surgery/s: \_\_\_\_\_

Have you ever had an angioplasty?\*  Yes     No

Do you have an irregular heart beat?\*  Unsure     Yes     No

Do you have any medical conditions that could prevent you from exercising on our bicycle? (e.g. joint replacements, asthma, severe back pain or arthritis)\*  Yes     No

If yes, please list what medical condition(s) could prevent you from exercising on our bicycle: \_\_\_\_\_

Do you have asthma?\*  Yes     No

If yes, have you ever been hospitalised with asthma?\*  Yes     No

Are you being treated for high blood pressure?\*  Yes     No

Are you currently taking any medications?\*  Yes     No

If yes, please list ALL medications you are currently taking: \_\_\_\_\_

Would you like a copy of our report to be sent to your local doctor?\*  Yes     No

If yes, what is the name and medical practice of your local doctor? \_\_\_\_\_

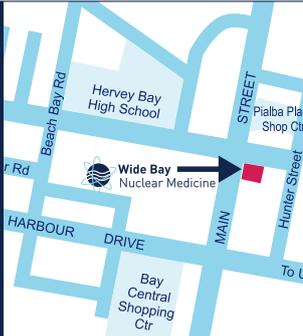
Were you unsure about any of these questions?\*  Unsure     Yes     No

If you are unsure about any questions please leave them and our staff will help when you come for your appointment

On completion please email your form to either: [Hervey Bay - bookingshb@widebaynm.com.au](mailto:bookingshb@widebaynm.com.au)

[Bundaberg - reception.bundaberg@widebaynm.com.au](mailto:reception.bundaberg@widebaynm.com.au)

**HERVEY BAY MEDICAL CENTRE**



46-48 Main St. Pialba QLD 4655  
 (07) 4124 3580  
 (07) 4128 1870  
 bookingshb@widebaynm.com.au  
 Monday to Friday 8.00am - 5.00pm  
 Closed weekends and public holidays  
 ABN 20 665 764 894

**BOURBONG MEDICAL CENTRE**



290 Bourbong St. Bundaberg West, QLD 4670  
 (07) 4151 6880  
 (07) 4153 1323  
 reception.bundaberg@widebaynm.com.au  
 Monday to Friday 8.00am - 5.00pm  
 Closed weekends and public holidays  
 ABN 20 665 764 894

**PATIENT PREPARATION**

**BONE SCAN:** Remain well hydrated. Images performed 2-3 hours after injecting & take up to 1 hour.

**MYOCARDIAL PERFUSION SCAN (Thallium, Sestamibi, MPS)** Fast for 3 hours after a light breakfast, then have clear fluids sparingly. No caffeine (tea or coffee) for 24 hours. Omit betablockers on day of test. If done on a 'one day' protocol allow 3-4 hours. More detailed written information provided. Please note Medicare limits reimbursement to every 2 years for GPs and 12 months for specialists.

**BILIARY SCANS (HIDA, HIDA/CCK)** Fast for 4 hours. Gastric Emptying - fast for 8 hours.

**RENAL SCANS** Remain well hydrated. If renal artery stenosis is being assessed ACE inhibitors need to be reviewed.

**POSITRON EMISSION TOMOGRAPHY (PET)** Remain well hydrated. Keep warm. Wear loose comfortable clothing without metal eg zippers or underwire bras. Take usual medications. Remove facial and neck jewellery.

**PMSA PET/CT** Requires no further preparation.

**FDG PET/CT** Requires further preparation. Fast for 6 hours but drink water (no sugars) freely. Diabetics - specific information will be provided.

Most other procedures have no special preparation.

**DIAGNOSTIC NUCLEAR MEDICINE**

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**BONE SCAN:** Bone metastases, osteomyelitis, stress fractures, bone tumours, arthritis, loose prosthesis, osteonecrosis, CRPS and tumour staging.

**THYROID SCAN:** Thyroid nodules, goitre, all causes of hyperthyroidism, thyroiditis.

**MYOCARDIAL PERFUSION:** ("thallium"/"sestamibi"/"MPS") Assessment of myocardial ischaemia and viability. For patients unable to exercise dipyridamole or dobutamine (for asthmatics) are used. Rest and post stress images.

**LUNG SCAN:** Ventilation and perfusion-pulmonary emboli. More sensitive and far less radiation than helical CTPA. Regional quantification. Right to left shunts.

**RENAL SCAN (DTPA):** (+/-captopril or frusemide) Differential renal functions, renovascular hypertension, ureteric obstruction. MAG3 is substituted in children. Camera based GFR quantification.

**RENAL SCAN (DMSA):** Renal scarring and acute pyelonephritis (more sensitive than ultrasound). Differential function (particularly if one kidney is small or ectopic).

**GALLIUM SCAN:** PUO. Sarcoidosis. Chronic infections, eg osteomyelitis and infected joint prosthesis. Lymphoma staging and response to treatment.

**NUCLEAR MEDICINE THERAPY**

**RADIOACTIVE IODINE (1-131):** Treatment of hyperthyroidism.

**WHITE CELL SCAN:** Localisation of acute or subacute infection. Assessment of activity of inflammatory bowel disease.

**COLLOID LIVER SCAN:** Diffuse or chronic liver disease. Assessment of liver nodules (FNH). Labelled Red Cell Scan Haemangioma of the liver. Gastrointestinal haemorrhage.

**BILIARY SCAN (HIDA):** Acute cholecystitis. Biliary obstruction or dysfunction. Response to a fatty meal or CCK used to assess chronic cholecystitis or sphincter of Oddi dysfunction.

**LYMPHOSCINTIGRAPHY:** Sentinel node localisation in breast cancer and melanoma. Assessment of lymphoedema and lymphatic drainage.

**CEREBRAL PERFUSION (CERETEC):** Dementias and cognitive impairment and cerebrovascular disease.

**GASTRIC EMPTYING:** Quantitative assessment of solid gastric emptying using a labelled egg sandwich. There are alternatives for patients allergic to eggs. Half clearance time and % retained at 4 hours are calculated. Liquid emptying can also be assessed (separate study).

**COLONIC TRANSIT:** Small and large bowel clearance using sequential images over 5 days.

**LACRIMAL SCAN:** Functional nasolacrimal duct obstruction.

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DR. ANDREW SOUTHEE MBBS  
MBBS (Hons) MRCP(UK) FRCP FRACP FAANMS MANZSNM

**Appointment Date:**

**Appointment Time:**

Your doctor has recommended you use Wide Bay Nuclear Medicine. You may choose another provider but please discuss this with your doctor first.